



Criminal Defense Law Firm in Massachusetts

What Happens if You Get Arrested

An arrest is synonymous with restraint of freedom. It's a terrible thing. You're handcuffed and powerless. It's high on the list of heinous experiences. And yet it happens all the time. To those who've done nothing wrong, to those whose wrongdoing is not in question. And to those who are somewhere in between. So, what happens in the black hole of an arrest? To arrest, police must have probable cause to believe a crime has been committed. Once detained, the arrestee will be brought to the police station for fingerprinting and answering standard biographical questions. The arrestee will likely be offered an opportunity to answer some questions about the alleged crime and will be presented with a Miranda waiver. This is a trap. Once an arrest is made, it's almost universally recommended by criminal defense lawyers to remain silent and decline a Miranda waiver. What, do you think the police are going to unarrest you? An arrestee will then be allowed to make a phone call to help arrange bail. Be mindful that these calls are usually not made in private, and one should assume the police can overhear everything in discussion and are indeed taking notes on the matter. Depending on the alleged crime, bail might not be offered, and the arrestee will be detained until court is open. (See how this can be problematic on a Friday night?). While all this is happening, the police are filling out an application for criminal complaint. Getting charged at the court is not automatic. This is the key thing to understand, and where the magic happens. Before an arrestee is officially charged, the application the police have completed must be allowed by a court officer. This happens at the court and can be a good opportunity for early advocacy. Once the application is allowed (despite your lawyer's best efforts), the arrestee is brought before the court and arraigned, where bail will be set. Now the fight is on.

Great Documentary

Go behind the scenes on a January night in 1985 as the world's biggest pop stars gather to record "We Are the World." If you are down on humanity, this will bring you back. Also, how awesome is Lionel Ritchie?!

THE GREATEST NIGHT IN POP

Recommended Reading

[A Gentleman in Moscow](#)

By: Amor Towles

I'm a bit late to the game on this one because this book's been popular for a while now. And for good reason. It's exquisite. Five stars. An absolute pleasure to read. Why? Because it's light yet deep, poignant but not mushy, and overall, highly approachable. It's a story filled with memorable characters and scenes, as the reader traces the life of a former Russian aristocrat, Count Rostov, sentenced to spend the rest of his life inside Moscow's grandest hotel. This book is full of Stoic philosophy in disguise. Count Rostov cannot control what's happened to him, but he can control how he responds to it. According to him, "[a] man must master his circumstances or otherwise be mastered by them." If anyone was looking for a distillation of Stoic philosophy, that is it.

[The Long Walk](#)

By: Slavomir Rawicz

I love stories about the indomitability of the human spirit. That's why I loved this book. Amazon's description captures it perfectly: "In 1941, the author and six other fellow prisoners escaped a Soviet labor camp in Yakutsk--a camp where enduring hunger, cold, untended wounds, untreated illnesses, and avoiding daily executions were everyday feats. Their march--over thousands of miles by foot--out of Siberia, through China, the Gobi Desert, Tibet, and over the Himalayas to British India is a remarkable statement about man's desire to be free." I promise you'll have difficulty putting this one down.

Podcast

Episode: [How To Handle Literally Anything](#)

In his opening salvo to his wonderful book *The Road Less Traveled*, M. Scott Peck declares the following: "Life is difficult. This is a great truth, one of the greatest truths." Well, I know that. And you know that. A life without difficulty is not a life at all. Everything seems to be difficult these days. Family. Work. Health. Finances. I feel it too. This podcast put it all in perspective and really helped.

10% HAPPIER

WITH DAN HARRIS

